

Five Clues to Talent

1 **Yearning**

To what kinds of activities are you naturally drawn?

2 **Rapid Learning**

What kinds of activities do you seem to pick up quickly?

3 **Flow**

In what activities did you seem to automatically know the steps to be taken?

4 **Glimpses of Excellence**

During what activities have you had moments of subconscious excellence when you thought, "How did I do that?"

5 **Satisfaction**

What activities give you a kick, either while doing them or immediately after finishing them, and you think, "When can I do that again?"