

Effective January 1, 2019 MVP is changing from POS to EPO

<u>Plan</u>	<u>MVP POS</u> (Current Plan)	<u>MVP EPO</u> (New Plan)
<u>Hospital</u>		
Inpatient	\$240 Co-pay	\$240 Co-pay *
Outpatient/ Ambulatory	\$75 Co-pay	\$ 75 Co-pay
<u>Emergency Care</u>		
Area Hospital	\$50 Co-pay	\$ 50 Co-pay
Urgent Care	\$20 Co-pay	\$20 Co-pay
<u>Physicians</u>		
Office Visits	\$20 Co-pay	\$20 Co-pay
<u>Preventive Care</u>		
Routine Physicals	Covered in full	Covered in full
Well Child Care to age 19	Covered in full	Covered in full
<u>X-Ray/MRI/CAT</u>		
	\$20 Co-pay	\$20 Co-pay
<u>Lab Services</u>		
	Covered in full	Covered in full
<u>Preventative Dental</u>		
Children to age 19	\$25 Co-pay	None **
<u>Prescription Drugs</u>		
	\$5/\$20/\$40 Co-pay	\$5/\$20/\$40 Co-pay
	Prescription Mail Order savings available on all plans.	
<u>Annual Deductible</u>		
	N/A	N/A
<u>Out of Network Coverage</u>		
	\$1000 Single/ \$3000 Family	No out-of-Network Coverage # No out-of-Network Coverage #

- No referrals required on any of these plans.
- MVP POS - Requires a Primary Care Physician for all participating members. MVP EPO does not require a Primary Care Physician.
- *Co-Pay for each admission, exception may apply
- **MVP EPO has no Preventative Dental on the Plan
- #MVP EPO uses the nationwide CIGNA network at the in-network benefit level
- **Well Being Rewards, Earn up to \$325 in Reimbursement and Earnable Rewards (see reverse side)**

**This is a summary of benefits for comparison purposes only.
Actual benefits may vary; refer to the official Plan Document for actual plan benefits.**

WellBeing Rewards

Your path to being well.



MVP Health Care® is committed to helping you along your path to better health. We've expanded our focus to include a variety of factors that contribute to overall well-being, giving you more ways to be rewarded for making healthy choices.

New for 2019! WellBeing Rewards: Up to \$325 in Reimbursements and Earnable Rewards

Receive \$125 in Healthy Lifestyle Credits.

MVP will reimburse members up to \$125 per contract, per calendar year, for healthy weight support programs, youth sports and fitness, gym and fitness club memberships, massage therapy, and tobacco cessation courses.

Beginning January 1, 2019, groups that have WellLife Rewards and WellStyle Rewards will transition to WellBeing Rewards upon renewal.

NY Small Group HMO plans will also transition to WellBeing Rewards upon renewal.

Earn up to \$200 more!

Activity and Maximum Points You Can Earn	
Personal Health Assessment (PHA) <i>Required</i>	50
MVP Sponsored On-Site Screening or Health Risk Screening Form	100
Email/Text Sign Up	10
Online Classes (10 points each; maximum of five)	50
Online Attestations	100
Preventive Screening	50
Social	10
Surroundings	10
Physical	10
Financial	10
Mind & Spirit	10
MVP Quarterly Well-Being Challenges	100
First Quarter	25
Second Quarter	25
Third Quarter	25
Fourth Quarter	25
Healthroads Connected!® Activity Tracking (per year maximum)	200
225,000 Steps per Month	50
175,000 Steps per Month	35
100,000 Steps per Month	25
myVisitNow® Registration	25

If your plan includes Telephonic Lifestyle Coaching, you can earn an additional 100 points for every two sessions.

myVisitNow is a covered benefit on all fully-insured plans. Members on self-insured plans can confirm with their employer if **myVisitNow** is a covered benefit.

All points must be redeemed by December 31, 2019 or they will be forfeited for that calendar year.

